









benefits resources & contacts

GENERAL		
HR Direct	1.866.473.4728	The single resource for all your L Brands benefits & payroll information. HR Direct representatives will assist you Monday - Friday between 9:00 a.m. and 8:00 p.m. EST.
HR Access	hraccess.lb.com	<ul style="list-style-type: none"> • Enroll in benefits (web only). • Reference, update and access all personal and benefits information. <ul style="list-style-type: none"> - Home address - Benefits information - PTO (paid time off) - Access online W-2 - Tax withholding - Add/update life insurance beneficiaries - And more! <p>It's your responsibility to ensure that your personal information on file is accurate and up-to-date.</p>
Benefits Information	 hraccess.lb.com>About Me>Benefits>US Benefits Information  Text LDbeneinfo to 61759	Watch videos and find information about all of your benefits.
Employment Verification The Work Number®	www.theworknumber.com 1.800.996.7566 1.800.367.5690 (outside verifiers)	Access instant employment and income verification when applying for a mortgage or loan, reference checking, leasing an apartment or other instances where proof of employment or income is needed.
HEALTH BENEFITS		
Health Advocate	1-866-695-8622 www.healthadvocate.com/members (Company Name: L Brands)	For help resolving healthcare and insurance-related issues.
Medical Anthem	www.anthem.com 1.855.839.4533  Download Anthem Anywhere app	Log-on or contact Anthem customer service to manage your health care benefits
Telemedicine LiveHealth Online	www.livehealthonline.com  Download LiveHealth Online app	Interact with a doctor live online through your Android or iOS computer, tablet and mobile device. <ul style="list-style-type: none"> • Available real-time, 24 hours a day/7 days a week/365 days a year in most states • Doctors are in-network, U.S. board-certified and can ePrescribe to local pharmacies (where applicable)
Nurseline	1.800.700.9184	A 24-hour hotline answered by registered nurses to answer your health-related questions
Future Moms Program	1.800.700.9184	A service that provides nurse support, tools and resources throughout your pregnancy. Enroll up to your third trimester and all or part of your in-patient co-pay will be waived.
MyHealth Advantage	1.866.408.7197	A service that helps keep you and your bank account healthier when it comes to managing your healthcare
ComplexCare	1.888.249.3828	A service that helps you manage more than one health issue or a condition that could mean frequent or high levels of health care.
ConditionCare	1.800.638.4814	A service that helps you manage the symptoms of asthma, diabetes, chronic obstructive pulmonary disease (COPD), heart failure and coronary artery disease.
Behavioral Health Resource	1.866.621.0554	A total-health solution that can help you or your loved ones deal with anxiety, depression, drug or alcohol abuse, eating disorders, autism and other personal issues.

Aetna	www.aetna.com 1.800.331.0595  Download Aetna app	Get convenient, round-the-clock online tools and resources to help you make educated health care decisions - and manage your benefits. Access Aetna Navigator®.
Telemedicine Teladoc	www.teladoc.com/aetna 1.855.835.2362	Phone and online-video consultations with physicians
Informed Health Line	1.800.556.1555	Provides members with telephone and e-mail access to experienced registered nurses who help make informed health care decisions.
Beginning Right Maternity Program	1.800.331.0595	Get help from the time you start planning a family, through your pregnancy and well after your baby is born.
Targeted Care Solutions	1.800.331.0595	Get the help and care you need when faced with certain health care situations.
Aetna Compassionate Care	1.800.331.0595	Provides support to members with advanced illness.
Pharmacy OptumRx	optumrx.com/ mycatamaranrx 1.855.395.2022  Download Catamaran app	Manage your prescriptions and home delivery drug orders.
Dental Metlife	www.metlife.com/ mybenefits (Company Name: L Brands) 1.800.942.0854  Download Metlife app	MetLife representatives will respond to your questions about dental health care and help you find Dentists and orthodontists in the dental Network.
Vision VSP	www.vsp.com 1.800.877.7195  Download VSP app	Access information regarding your vision plan or vision discount.

SAVINGS AND FINANCES

Associate Stock Purchase Plan AST	www.astfinancial.com 1.866.709.7704	Access free educational tools and resources as well as information regarding your personal stock account.
401(k) Savings and Retirement Plan (SARP) Wells Fargo	www.wellsfargo.com/ retirementplan 1.800.525.SARP (7277)  Download Wells Fargo app	Enroll, designate your pre-tax savings amount, name your beneficiary, make your investment choices, and obtain other general account information.
Financial Tools & Resources	retirement-communications. com/lbrands 	Get access to: <ul style="list-style-type: none"> • Associate stock purchase plan • Financial education worksheets and webinars. • Skill-building and budgeting basics. • Variable income budgeting resources • 401(k) account and planning tools (eligible associates)
Flexible Spending Account (FSA) Wage Works®	www.wageworks.com 1.877.924.3967  Download Wage Works® app	Manage your dependent care and health care accounts. Update your profile information, including your email and home address.
Commuter Benefit Wage Works®	www.wageworks.com 1.877.924.3967  Download WageWorks app	Manage your commuter account.
Tuition Assistance HR Direct	1.866.473.4728	Discuss tuition assistance for work-related undergraduate or graduate course work.
Product & Service Discounts LifeMart	www.lifecare/lbrands	LifeMart gives you access to exclusive discounts for you and your family. Save everyday on items like flat-screen TVs, movie tickets and travel to gym memberships and child care.
Auto, Home and Pet Insurance MetLife	www.metlife.com/mybenefits (Company Name: L Brands) 1.800.438.6388	Get special group discounts to cover your auto, home and pet.

LIFESTYLE AND FAMILY

LifeCare/LifeMart/ Backup Child & Adult Care	www.lifecare/lbrands 1.800.697.7432	Get guidance and support during major life events or help with lifes day-to-day challenges such as child and senior care to daily tasks such as home maintenance or leisure planning. Use LifeMart to get discount on products, services and travel.
Adoption Assistance HR Direct	1.866.473.4728	Discuss adoption assistance benefits.
Employee Assistance Program Matrix	www.matrixpsych.com L Brands password: limit 1.800.886.1171	A confidential counseling service designed to help when you need it most. In addition to counseling, you'll find services, referrals and support that will improve your life at home and at work. Services include, but are not limited to, legal and financial resources, elder care, family/child-care issues, and drug abuse.
Legal Insurance ARAG	www.araglegalcenter.com (Access Code: 15661ltd) 1.800.247.4184 7a.m. to 7p.m. CST	Access free educational tools and resources as well as information regarding your legal benefits, find legal references and other related information.

NOTE: For life and disability insurance questions, contact HR Direct at 1.866.473.4728